

Sophomore Health Professions Session Activity




APPLICATION PROCESS



PERSONAL
ATTRIBUTES



CO-CURRICULAR
ACTIVITIES



RESEARCH



CLINICAL EXPERIENCE



ACADEMIC FOUNDATION

Will you take a gap year (or more)? Do you know when you want to apply?

Do you have 1 or 2 letter writers in mind? Are you staying in touch with them?

Have you begun to figure out why you want dedicate your life to this career path?

What are my strengths/weaknesses? What is unique about me that will positively contribute to my medical school class?

Have you gotten involved in service opportunities that you enjoy?

Have you demonstrated the ability to work with others? Will you have a chance to demonstrate leadership in some capacity?

Have you gotten involved in research?

Are you considering a combined degree program? Is research important to you in your future career?

Do you know what the day-to-day life of a clinician looks like?

Have you shadowed physicians? Have you dealt with patients in some capacity?

Do you feel good about your ability to handle challenging science coursework? Will your academic plan challenge but not overwhelm you?

Do you have an idea of when you'd take the MCAT/DAT?

Which prerequisite courses do you still need to complete?